

PRESS RELEASE

FOR GENERAL RELEASE

6.00pm Friday February 22nd 2013

SHELTERMAKER ON HIS HEAD

Peter Cowman* has been successfully pedalling his brand of architecture down under for several years now.

In the demanding eco-building market his unique blend of practicality and philosophy is consistently breaking new ground.

Peter has been testing the boundaries of architecture ever since as a young architect in Dublin he shied away from careerism and mortgages in favour of an itinerant life.

That's how he became a sheltermaker - discovering and practicing the art of vernacular architecture and freely sharing this knowledge with others.

He's has over 20 years experience teaching his 'sheltermaking' in various parts of the world, helping people to live their sheltermaking dreams.

He's also lived some of his own!

During his time in Australia the Aboriginal fascination with the invisible realms has inspired him to a deeper understand of the role dream plays in house design!

Dreams, he believes are a vital ingredient in sheltermaking because they activate an 'invisible architecture' which brings a building to life.

Now, he's completed the definitive book on the subject - The Sheltermaker's Manual.

Combining learning, poetry, insight and wisdom its an invitation to everyone to shape their architecture to suit their lives and the life of the planet!

Peter's message couldn't be clearer - we have forgotten how to shelter ourselves!

This cuts us off from ourselves and from nature!

To rebalance this he encourages us to awaken our sheltermaker instincts and to get in touch with our dreams!

In this way we can reclaim our time and space and get in touch with our deeper selves - with surprising results!

Groundbreaking. Practical. Positive. Radical. Proven. Inspiring. Entertaining. The Sheltermaker's Manual.

DOWNLOAD .pdf INTRODUCTION TO THE SHELTERMAKER'S MANUAL (can be freely circulated and quoted from)

SHELTERMAKER'S MANUAL PHOTOS PETER COWMAN PHOTOS LOW-COST BUILDING PHOTOS

SHELTERMAKER TOUR

Peter Cowman* will be in Ireland between March 6th and April 7th March delivering talks, presentations and workshops demonstrating how people can awaken their sheltermaker instincts and reclaim their time and space. Events including hands-on, how-to make a low-cost, low-impact, studio in a back garden without planning permission!

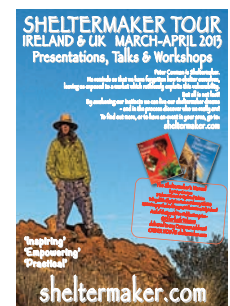
DOWNLOAD SHELTERMAKER TOUR .pdf - with hot links to events

DETAILS: sheltermaker.com



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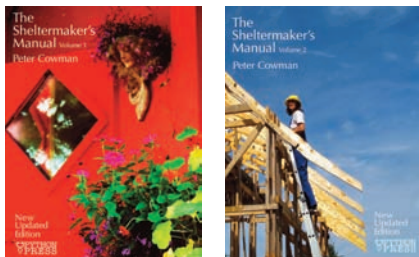


*Peter Cowman is an architect, eco-builder, writer and teacher delivering Courses & Workshops internationally on the subject of Living Architecture. He was born and educated in Dublin, Ireland, graduating from the School of Architecture, University College Dublin in 1976. Apart from his work as an architect, at various points of his nomadic life Peter has worked as a salesman, an art gallery director, a handyman and as a full-time parent. He began teaching people how to design their own homes in 1989, a task which he still pursues as director of the Living Architecture Centre. Never having had a mortgage himself, Peter has a special interest in the creation of affordable, low-impact, mortgage-free buildings and has developed a unique timber framing system for cost-conscious self-builders. Originator of the 'Sheltermaker' and 'Living Architecture' concepts Peter's work has been widely publicised in both print as well as broadcast media, worldwide.

LIVING ARCHITECTURE CENTRE

Peter Cowman's email: sheltermaker@gmail.com

The Sheltermaker's Manual



Drawing on the experience of homes that have been designed and built utilising the Manual's unique Design Programme, this invaluable resource facilitates the development of affordable, practical and versatile design solutions for both new as well as existing houses. Details of completed projects are included in the Manual, plus information on the EconoSpace, a unique low-cost eco-building featuring the original peter-post framing system.

With its emphasis on the positive, the practical and the affordable, the Sheltermaker's Manual also offers people the opportunity to understand the hidden psychological aspects of 'home'. Such 'intangibles' are utilised as a means of exploring ones' inner self in an effort to uncover 'the dream house within'. On this level, the Manual operates as a self-development tool, allowing people to resolve personal life issues, oftentimes without the need, or expense, of building at all! So, you don't have to want to build in order to justify buying this book. You need it to inform yourself and to understand how our houses can assist us in achieving a sustainable way-of-life.

The Manual's Design Programme clearly sets out the unique and proven design methodology - when the process of planning, investigating, costing and decision-making has been completed, only then is the plan of the building put together. This is in contrast to normal design practice where the plan is the first thing that is created which can lead to insurmountable problems, as can be witnessed in many professionally designed homes. The Manual's unique Design Programme structure also facilitates the importation of outside information into the design equation.

The Sheltermaker's Manual has evolved from the unique Be Your Own Architect Courses which Peter Cowman first presented in 1989 in Co. Galway. Written in an accessible and practical style and featuring over 900 illustrations, the Manual reveals information not previously available on the subject of house design. All the information you need to know about houses and even architecture in general!

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