



## Architecture & The Meaning of Life

A programme of events exploring the connections between architecture and life being presented in central Victoria by architect Peter Cowman, director of the Living Architecture Centre

**Open House Sessions** Sundays 2-4.30pm  
These low-cost sessions will be surprise packages of talk, film, action and insight. A perfect taster for the 1-day workshops. Gold coin donation. No booking required

**Sunday February 6**

### **Architecture & The Meaning of Life**

Castlemaine Community House, Castlemaine

How do buildings affect our lives? What is the connection between buildings and dreams? Can architecture foster higher consciousness? Do buildings have emotions? How can buildings assist us in living more sustainability? Do people possess a 'sheltermaker' gene? What are the secrets of architecture? How can invisible space be clearly seen? What is sacred geometry?

If you wish to know the answer to any of these questions attending this Open House session is a must!

**Sunday March 6**

### **Designing and building a mortgage-free sustainable shelter**

LAC, Yapeen, Castlemaine

How does one approach the question of low-cost sustainable building design? What are the realities of owner-building? How can one work and owner-build at the same time? What about planning issues? How easy is it to make one's own electricity? These and many other questions will be answered in this workshop with participants able to experience a low-cost sustainable shelter that was built for less than \$5000!

**Sunday April 3**

### **Art Architecture – giving form to feelings**

LAC, Yapeen, Castlemaine

Engaging with the dynamics of space, place, time and consciousness and how these 'invisible' aspects of design can be incorporated into physical buildings is the theme of this Open House session. A 1-day workshop on the theme of **Art Architecture** will be held on Saturday April 9.

**Sunday May 1**

### **Spirit House – connecting to the spirit of self and place**

LAC, Yapeen, Castlemaine

Exploring the exciting and liberating aspects of creating space that dedicated to our inner lives is the theme of this session. A 1-day workshop on the theme of Spirit House will be held on Saturday June 11. See below for further details.

**Sunday June 5**

### **Architecture & Identity – discovering who we are through the medium of architecture**

LAC, Yapeen, Castlemaine

Can architecture get us in touch with who we really are and facilitate us in discovering what our lives are all about?

## 1-Day Workshops

These workshops will combine insight and hands-on action and will be held at the LAC, Yapeen, Castlemaine from 10am to 4.30pm. Comprehensive notes will be provided. Fees: \$75 Couples \$135 Attend any 2 workshops for \$135 or any 3 for \$200 Students attending 2 workshops on the same weekend can enjoy a communal meal, a film and discussion time on the Saturday night – as well as a discount on fees! Free camping available

**Saturday February 12**

### **Community Building – creating the architecture of the future ... in the Here & Now**

Evoking the spirit of traditional barn raising this workshop will explore the potential of people building together as a means of fostering trust, awareness and community as well as creating affordable natural buildings.

**Sunday February 13**

### **Architecture Playhouse**

Imagining your Dream House and coaxing it into Reality is the theme of this fascinating 1-day hands-on workshop. Using simple materials and tools plus a generous dash of creative thinking this free-fall into the world of architecture will forever change how you think of houses, jobs, mortgages, sustainability and even life itself! This hybrid of instruction and play will encourage a deeper understanding of the role buildings play in our lives and foster the rediscovery of the timeless architecture we create in childhood.

**Saturday April 9**

### **Art Architecture**

Architecture, in the world as we know it, is considered to be the mother of the arts – and the reserve of university trained professionals. This workshop will explore the potential that architecture offers as an art form available not only to artists but to anyone wishing to engage with the dynamics of space, place, time and consciousness.

**Sunday April 10**

### **Inside Zone 0 – awakening the sheltermaker gene**

Zone 0 is the place we plant our lives in order for them to be nurtured and to reach their full potential. Integrating this idea into the sustainable shelter design process while abiding by the ethics and principles of permaculture affords one the opportunity to not only dynamically integrate one's food and sheltermaking activities but also to explore the hidden realms that lie hidden within oneself – and inside Zone 0.

**Saturday June 11**

### **Spirit House**

Creating space to cater to the intangible aspects of our lives is the theme of this workshop. Whether it is making a meditation space for oneself, creating a miniature temple for a favorite deity or crafting a space where one can simply 'be', this workshop will explore the exciting and liberating aspects of creating space that is dedicated to our inner lives.

**Sunday June 12**

### **Architecture & The Meaning of Life**

Drawing on the experience of the summer programme this workshop will draw together the many discoveries which inevitably will be made during these sessions. Combining insight, film, discussion as well as hands-on action, this workshop will be all about pushing the boundaries of our understanding of what architecture is and how it impacts our lives both physical as well as emotional.

**Enquiries:** [sheltermaker@gmail.com](mailto:sheltermaker@gmail.com)

**Booking:** [livingarchitecturecentre.com](http://livingarchitecturecentre.com)

All events will be presented by architect, teacher, writer and eco-builder, Peter Cowman, director of the Living Architecture Centre

[LIVINGARCHITECTURECENTRE.COM](http://LIVINGARCHITECTURECENTRE.COM)

## The Secrets of Architecture

Daylesford Neighbourhood Centre  
The Old Courthouse, Daylesford, Vic  
Fee: \$150 or \$40 per session  
Booking: (03) 5348 3569

The course will consist of 4 sessions on:  
Wednesdays **March 9, 16, 23 & 30** from 10-1  
The course will introduce students to the inner workings of the design and construction process with a strong emphasis on exploring how buildings impact our consciousness and our day-to-day lives.

Some topics that will be covered on the course:

**Sacred Geometry  
Invisible Architecture  
Exploring Inner & Outer Space  
Architecture & Emotion**