



# PERMACULTURE IRELAND

permacultureireland.ie

## BE PART OF THE CLIMATE OF CHANGE

## PROGRAMME OF WEEKEND WORKSHOPS IN HAND-ON SUSTAINABLE LIVING

## DRUMSNA, CO. LEITRIM SUMMER 2009

Permaculture Ireland aims to promote sustainable living in Ireland through the utilisation of permaculture design principles and ethics. Permaculture is a system that balances human and planetary needs, encouraging backyard food production, natural building, sustainable use of resources and an overall reduction of our environmental impacts. Permaculture invites us to figure out local, creative solutions to global problems and to embrace a sustainable future, that is low-tech, healthy for body, mind and spirit and also fun! Permaculture Ireland maintains an informative website with free Living Lightly magazine for which contributions are welcomed! For more visit: [www.permacultureireland.ie](http://www.permacultureireland.ie)

### Who is Permaculture Ireland?

Alanna Moore has 25 years experience as a professional dowser and geomancer, who reads the energies of landscapes (from noxious geopathic zones to fairy presences) and helps people to harmonise with them; also energising the land with Towers of Power, inspired by Irish Round Towers. Passionate about caring for the sacred Earth, she is an international teacher of dowsing, geomancy and permaculture, and has produced a host of books, films and articles on these subjects. Her informative Geomantica website also has a free magazine. Alanna, who comes from Australia, offers dowsing surveys, both on-site and remotely.

Peter Cowman is an architect, teacher, writer and the director of the Living Architecture Centre. He began teaching people how to design their own homes in 1989. His original 'Be Your Own Architect' Course has now developed into the unique and highly popular Course In Sustainable House Design & Construction. His work has received much media coverage including the documentary 'Building On The Edge' broadcast on RTÉ 1. Peter has a special interest in mortgage-free self-building. He teaches and lectures internationally. Further information of all aspects of Living Architecture are available from [www.livingarchitecturecentre.com](http://www.livingarchitecturecentre.com)

Together, Peter and Alanna bring to Permaculture Ireland over 50 years combined experience in their individual fields along with much environmental know-how and extensive teaching and lecturing experience.

In addition to the Permaculture Ireland Weekend Workshops detailed here Peter & Alanna will be presenting the following workshops:

### LIVE Course in Sustainable House Design & Construction with Peter Cowman BArch.

Presented by Living Architecture Centre

#### Saturday September 5th Drumsna, Co. Leitrim

To live sustainably we must first discover who we are and the nature of our role in life. Designing our own homes allows us to do this by addressing our physical and our emotional needs. By such process we encounter our true selves and can then shape our architecture to suit our lives and the life of the planet.

Whether you wish to design a new home, renovate an existing building or experience sheltermaking from a distance, the process begins with a simple question: What do I want? The honesty this provokes in our deep selves leads us unerringly forward allowing us to shape our architecture according to who we really are. This can be realised on any desired scale - in imagination, in drawing and model form or constructed full size in the 'real' world.

The Course In Sustainable House Design & Construction articulates the sheltermaking process, allowing you to embrace your space and to engage with your world in a unique and stimulating way.

Join the many hundreds of people who have enjoyed and benefitted from this stimulating mix of revelation, learning and know-how. €80/Couples €140 Lunch and CD-ROM of Course material included.

A special emphasis will be placed on the creation affordable, sustainable and mortgage-free solutions.



### The Sacred Garden

with Alanna Moore

Presented by Geomantica

Sunday July 5th: Louisburgh, South Mayo €80

Saturday August 8th: Drumsna, Co. Leitrim €70

Sunday September 13th: Rosstown, Co. Donegal €60

Learn about esoteric permaculture garden design, garden devas, geomancy and how to enhance landscape energies.

Mayo bookings: [lotushealth@hotmail.com](mailto:lotushealth@hotmail.com) or 098 23891

Drumsna bookings: [info@geomantica.com](mailto:info@geomantica.com) or 076 602 6046

Donegal bookings: [flowingtide@hotmail.com](mailto:flowingtide@hotmail.com) or 071 985 2925

### A Day with the Devas

with Alanna Moore

Presented by Geomantica

#### Sunday September 20th

After an initial Energy Dowsing training session participants will venture (by car pooling) to various natural and sacred locations around the region, to detect and connect with the local energies and spirits of place.

€40

The day will begin in Drumsna, Co Leitrim

More Info: [www.geomantica.com](http://www.geomantica.com)

**Booking & Enquiries: 076 602 6046; 086 10 22 400; sheltermaker@gmail.com**



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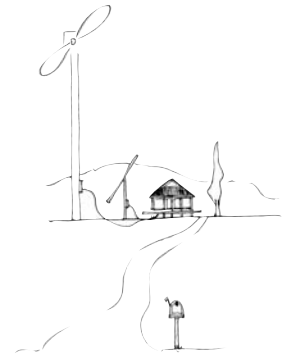
## LOW-TECH LIVING WEEKEND

July 11-12th 2009, Drumsna, Co. Leitrim

Hands-on skills learning - experience the how-to of low-tech living.

Tutors: Alanna Moore, permaculture farmer and author; Peter Cowman, architect-teacher and writer & Gerard Greene, an artist and specialist traditional paintmaker.

Fee: €150/Couples €250 Book early - limited places available



### PROGRAMME

Saturday 11th July

9.30am - Meet at Drumsna Community Resource Centre for registration and refreshments.

10am - Make your own house plan and model. This hands-on mix of real life and play will stimulate those dormant survival instincts and get things in proper focus.

At 11am a taxi-bus will take us to a nearby venue where we will tour the permaculture food gardens as well as looking at rainwater collection, a haybox cooker and a fire bath.

Then Alanna will explain about the hazards of high tech living and demonstrate how we can detect them and assess their impacts on us.

At 12.30 lunch will be served, featuring vegetarian dishes and food straight from the garden. You will also find out how to prepare some delicious wild foods and get to taste them.

After lunch Peter will give you the low down on simple ways to create natural buildings. Students will get to see an Econospace - a small low-impact building which can be constructed with minimal skills and equipment and free of planning permission. Students will also get a chance to see a yurt - ultra-low cost and low-tech sheltermaking! There will also be an opportunity to practise using clay and straw for building - this is being used to infill the EconoSpace frame.

After a short afternoon break Alanna will explain everything you need to know about waste reduction and successful organic waste composting, including how to make a special brew of compost enzymes out of fruit and vegetable scraps. This has many useful applications around the home!

At 5pm the taxi-bus will take everyone back to Drumsna.

Sunday 12th July

9.30am - Again we meet at Drumsna Community Resource Centre and take our morning refreshments. Starting at 10am you'll see a slideshow and film clips of varied examples of the low-tech living experience.

At 11am the taxi-bus will take us back to the venue.

Here we will explore domestic-scale alternative power systems using renewable energies such as wind and solar. We'll examine the on-site wind charger and battery system and make a cuppa with a storm kettle and some twigs!

The 12.30 lunch will feature vegetarian dishes and food straight from the garden.

After lunch Alanna will teach you how to divine (dowse) the location of underground water flows and find out how to seek energetically healthy locations in which to live.

Gerard Greene will then show students how to make Swedish mud paint, a natural product based on oatmeal which can be used externally on wood.

After our afternoon tea break we'll be creating a 'Wicking Bed', an ingenious, low maintenance, intensive food garden ideal for small spaces.

At 5pm the taxi-bus will take us back to Drumsna.

So for the facts and figures! Threaded through these experiences will be commentary on the hidden aspects of low-tech living - how it impacts us psychologically; what the downsides are; how one can make the change from high-tech living to simple, low-cost sustainability!

This workshop will be a guaranteed life-changing experience!

See what it's like when you 'walk the talk'!

Booking & Enquiries: 076 602 6046; 086 10 22 400; sheltermaker@gmail.com



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## SUSTAINABLE FOOD & SHELTER WEEKENDS

June 27-28th and July 25-26th 2009, Drumsna, Co. Leitrim

Discover a framework for sustainable living with permaculture design and living architecture.

Tutors: Alanna Moore, permaculture farmer and author  
Peter Cowman, architect-teacher and writer

Fee: €150/Couples €250 Book early - limited places available



### PROGRAMME

Saturday 27th June or 25th July

#### Sustainable Food

9.30am – Meet at Drumsna Community Resource Centre for morning refreshments and registration.

10am – Welcome to our course and discover:

What is permaculture design for sustainable living?

What plants and animals are useful for permaculture gardening in Ireland?

At 11.30am a taxi-bus will take us to the nearby venue where students will learn all about:

Waste reduction and how to successfully compost organic waste.

Some wild foods and how to cook with them.

At 12.30 lunch will be served, featuring vegetarian dishes and food from the gardens.

After lunch we'll go on a site tour looking at the developing permaculture gardens, the composting system and how to use urine as a plant fertiliser.

You'll also learn how to do a site assessment for permaculture living and food growing.

Then we will create a No-Dig garden bed, for easy soil conditioning and weed control.

At 5pm the taxi-bus will take students back to Drumsna

Sunday 28th June or 26th July

#### Sustainable Shelter

9.30am – Meet at Drumsna Community Resource Centre for morning refreshments.

10am - Peter Cowman will give the low-down on: Sustainable sheltermaking; vernacular building heritage; designing your own home - the theory, psychology and reality; incorporating food growing into the sustainable home

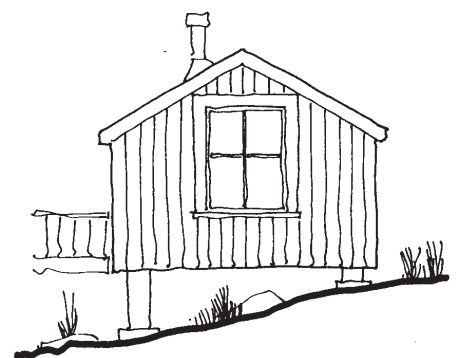
At 11.30am the taxi-bus will take us to the venue, where Peter will demonstrate and explain about: the environmental and locational issues in building design; setting up a self-build project and selecting and using sustainable building materials.

The 12.30 lunch will feature vegetarian dishes and food straight from the garden.

After lunch learn about: easy timber framing with the Peter Post, ideal for all kinds of simple structures; alternative plumbing, drainage and electric systems, plus - realising your building ambitions

At 5pm the taxi-bus takes students back to Drumsna.

Food and shelter form the basis of our survival mechanism. In this stimulating workshop you will learn the secrets of Living Architecture as well as the hidden facts about sustainable food production. Not to be missed if you are serious about making the change to a sustainable way of life!



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## ECONOSPACE MAKING WEEKENDS

August 22-23rd and September 19-20th, Drumsna, Co. Leitrim

Learn the secrets and skills of small, sustainable, low-impact, planning-free sheltermaking! Based on the EconoSpace Design, a small building which can be configured for a variety of everyday uses, this workshop will forever change how you see and experience architecture and life!

Tutor: Peter Cowman, architect-teacher and writer

Fee: €150/Couples €250 Book early - limited places available

### PROGRAMME

Saturday 22nd August or 19th September

9.30am - Meet at Drumsna Community Resource Centre for registration and refreshments.

10am - An Introduction to the EconoSpace Design including slides and video of constructed examples.

Configuring your own EconoSpace scale plan and model.

At 11.30am the taxi-bus will take us to the nearby venue where you will receive instruction about Tools, Materials and Techniques.

The 12.30 lunch will feature vegetarian dishes and food straight from the garden.

This will be followed by afternoon Sessions dealing with:

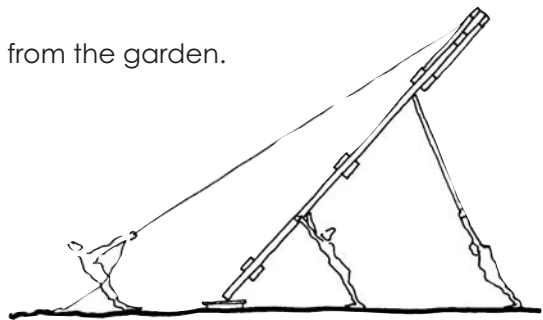
Setting up a work area and bench

Selecting and using natural materials

Making peter-posts, floor and roof beams.

How to set out a building

At 5pm the taxi-bus will take students back to Drumsna.



Sunday 23rd August or 20th September

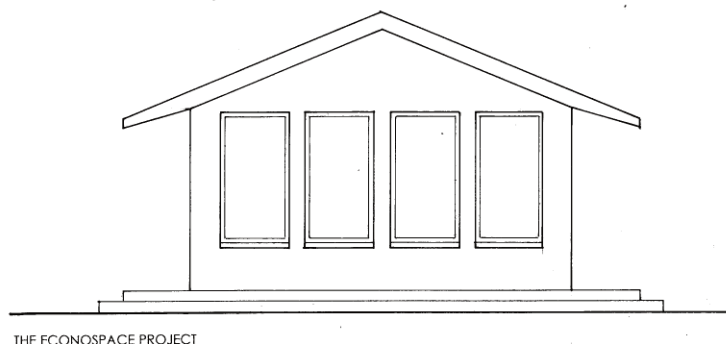
9.30am - Meet at Drumsna Community Resource Centre for morning refreshments.

10am - Interactive session including tuition on aspects of the EconoSpace Design and the answering of questions.

At 11.30am the taxi-bus will take us to the venue where we will get hands-on with the how-to of assembling building components into a finished structure. This participation will awaken many sleepy instincts!

Students will not only learn the secrets of the EconoSpace Design but also gain the know-how to realise their design ambitions. By learning how to design and construct a small versatile building such as an EconoSpace it will be realised that it only takes a small step to design and construct a larger building. In this workshop students can also avail of the wealth and experience behind the entire Living Architecture concept.

For more details of EconoSpaceMaking visit: [livingarchitecturecentre.com](http://livingarchitecturecentre.com)



Booking & Enquiries: 076 602 6046; 086 10 22 400; [sheltermaker@gmail.com](mailto:sheltermaker@gmail.com)



## COURSE & WORKSHOP BOOKING FORM

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

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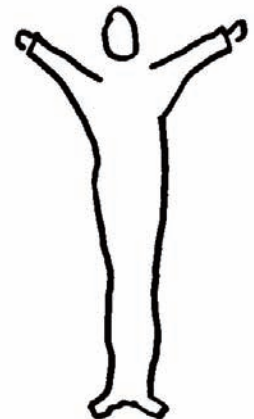
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FILL IN YOUR NAME,  
ADDRESS AND  
CONTACT DETAILS  
AND MARK OFF THE  
COURSES OR  
WORKSHOPS YOU  
WISH TO PARTICIPATE  
IN, INCLUDING THE  
NUMBER OF PEOPLE  
YOU ARE BOOKING  
FOR ...

- Sustainable Food and Shelter, Drumsna, Co. Leitrim  
Sat/Sun June 27-28th  
€150/Couples €250 (Incl. lunch) No. of people \_\_\_\_
- Low-Tech Living, Drumsna, Co. Leitrim, Sat/Sun July 11-12th  
€150/Couples €250 (Incl. lunch) No. of people \_\_\_\_
- Sustainable Food and Shelter, Drumsna, Co. Leitrim, Sat/Sun July 25-26th  
€150/Couples €250 (Incl. lunch) No. of people \_\_\_\_
- The Sacred Garden, Drumsna, Co. Leitrim, Saturday August 8th  
€70 (Incl. lunch) No. of people \_\_\_\_
- EconoSpaceMaking, Drumsna, Co. Leitrim, Sat/Sun August 22-23rd  
€150/Couples €250 (Incl. lunch) No. of people \_\_\_\_
- LIVE Course in Sustainable House Design & Construction, Drumsna, Co. Leitrim  
Saturday September 5th  
€80/Couples €140 (Incl. CD-ROM of Course material) No. of people \_\_\_\_
- The Sacred Garden, Rosstown, Co. Donegal, Sunday September 13th  
€60 No. of people \_\_\_\_
- EconoSpaceMaking, Drumsna, Co. Leitrim, Sat/Sun September 19-20th  
€150/Couples €250 (Incl. lunch) No. of people \_\_\_\_
- A Day with the Devas, Drumsna, Co. Leitrim, Sunday, September 20th  
€40 No. of people \_\_\_\_



SEND A CHEQUE OR POSTAL ORDER, MADE PAYABLE TO ALANNA MOORE  
OR PETER COWMAN, FOR 50% OF THE TOTAL FEES ALONG WITH THIS  
BOOKING FORM TO:

PERMACULTURE IRELAND, DRUMSNA, CO. LEITRIM

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