

# Vastu Shastra

The ancient Indian art of harmony of place

April 24 - 25th 2010

An introductory weekend course being taught in central Victoria for the first time by Anthony Ashworth

Vastu or Vastu Shastra, the poetic design system from India, originated over 20,000 years ago and it is the great forefather of Feng Shui. Vastu provides a complete design, energetic adjustment and placement system, working with both physical and subtle energies, whilst embracing the essential connection between the natural environment and eco sustainability. Vastu helps nurture a deep and rich layer in the creation of a home.

Anthony will be sharing rare insights in this workshop, which aims to broaden understanding of the core needs of people with regard to their requirements around space, place and the built environment. It will also provide a poetic and flexible palette of tools to take an existing home or dream home design toward a more profound and beautiful expression. A home incorporating Vastu principles can really help support a spiritually and physically richer life.



The weekend workshop is very practical and participants will emerge with a solid general knowledge of Vastu and be able to apply its principles to their own environments.

## Some of the subjects covered during the weekend

Application of the Vastu Purusha Mandala  
Energetics and effects of the 5 directions  
Understanding and balancing of the five elements  
The heart of Vastu

Analysing shape, orientation and micro energetics of building sites  
Vastu in the garden

Energetic placement and Geopathic Stress  
Use of conducive and vital building and decorating materials and colours  
Sacred dimensions and sacred geometry

Facilitator - Anthony Ashworth is considered to be the Southern Hemisphere's foremost Vastu Shastra expert, he is an international speaker, architect, teacher and Vastu Shastra and Feng Shui consultant. Director of Chrysalis Dwelling Natural Building Design and director of the School of Sacred Place, see [www.schoolofsacredplace.com](http://www.schoolofsacredplace.com)

Fee \$250

Early Bird Booking up to April 1st – Fee \$220

Booking fee \$75, balance payable on weekend

Free camping and vegetarian lunch provided

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